

Un-telling a Story

Consider a situation in which you feel stuck. In this week's Topic of the Week, it was Mark's chronic lateness and undependability. The situation could be a student who doesn't seem motivated in class, a partner who has suddenly become quiet, a child who is now quick to anger.

Use the space below to describe your story as you would to your best friend. (Use a separate page if desired.)

Now, re-read your story. This time, highlight the facts in one color.

Re-read the story again. Highlight your conjectures in another color.

How might you retell the story again, using different conjectures? Use the space below to re-tell the story another way.



by Mandy Gettler



Make a plan to fact-check your conjectures. Invite the other person to join you in a genuine, inquisitive conversation. Consider starting the conversation by saying, “I am having a difficult time with this situation. Here is how it appears to me. Please show me where I may have filled in the gaps incorrectly. Can you help me change my understanding?”

