

Guidelines	Questions	Tasks
Content focus	<p>What is your professional learning goal?</p> <p>What professional learning topic/s may help you gain the necessary knowledge to achieve your goal?</p>	<p>Engage a mentor in the discussion and selection of your goal and topic.</p> <p>Write down your goal.</p> <p>Select a topic from the NFLRC or other resources that focus on the topic of your choice.</p>
Active learning & adult learning principles	<p>What experiences have you had in relation to the instructional practice/problem you are interested in learning more about, either as a language learner yourself or as an instructor?</p>	<p>Write down a reflection on how your prior experiences with this topic may inform or bias your thinking about this topic.</p>
Collaboration and connections to practice	<p>What specific instructional problem/s or practice/s would you like to address?</p> <p>Which online teaching professionals could you potentially collaborate with on a partner-teacher or a mentor-mentee basis?</p>	<p>Identify high-leverage teaching practices that you would like to know more about or improve.</p> <p>Engage your partner teacher or mentor in the discussion of selected practices.</p> <p>Design and implement an online activity that will allow you to apply what you have learned (from theory or your mentor).</p>
Models and modeling of effective practice	<p>What particular situations may provide examples of the types of instructional practices or problems you are interested in?</p> <p>Which online sessions could you attend in order to observe exemplary instructional practices and/or solutions of instructional problems?</p>	<p>Discuss potential solutions for the instructional problem you are interested in with your mentor or partner teacher.</p> <p>Arrange with your mentor to attend an online session when she or he would be able to model a particular pedagogical concept or instructional practice.</p>
Coaching and expert support	<p>What activities or behaviors related to the instructional practices or problems you are interested in would you like to receive expert advice on?</p>	<p>Keep a journal with questions to discuss with your mentor or partner teacher.</p> <p>Agree on the frequency and</p>

	<p>Whose professional expertise and support can you leverage when you have questions or need help with online instructional practices or problems?</p>	<p>duration of your coaching/mentoring meetings.</p> <p>Design an online activity that illustrates how you would apply your newly gained knowledge.</p>
<p>Feedback and reflection</p>	<p>Which aspects of your online teaching (e.g., activities, behaviors, assessments) would you like to receive feedback on?</p> <p>How do you plan to involve your mentor and/or partner teacher in your online teaching practices to receive their feedback (e.g., invite them to observe your class, record your online session and share it with them)?</p>	<p>Create a list of key activities or behaviors you would like to receive feedback on and share the list with your mentor and/or partner teacher.</p> <p>Give your partner teacher and/or mentor access to a class session or a recording of the session to give you feedback focusing on your questions. Ask them to also address other issues they might have identified.</p> <p>Write a brief reflection on this experience.</p>
<p>Adequate duration</p>	<p>Did you have adequate time to work on a manageable portion of the topic you chose?</p> <p>Were you able to identify and see concrete examples that illustrate how the particular instructional issue or problem is addressed by a peer professional?</p>	<p>Write a reflection on the entire mentoring experience. Some questions to consider: How would you adjust your plan? How would you replicate what worked well? How would you adjust or modify what did not seem to help?</p>