

Learner Reflection Handout

Instructions: Use this handout to plan an experiential learning activity and to reflect on it.

Plan Experience

Step 1: Pick one learning outcome from the box that you want to work towards.

Work collaboratively with team members
Identify strengths and weaknesses in language learning
Develop new skill(s)
Build critical thinking skills
Improve language abilities
Communicate efficiently

Step 2: What learning activity will you engage in so that you may grow with respect to that outcome you have chosen? Why do you think it will work?

Notes/Ideas

Experience

Step 3: Engage in the experiential learning activity. Gather resources that will help you reflect on this experience. These resources may include videos, photos, and emails related to the experience. Any artifact that helps you consider your growth is a good artifact to include!

Reflect

Step 4: Process your artifacts. What did you learn and how?

Notes/Ideas/Analyses

Step 5: Apply the information. If you had to do the activity again, what would you do the same? Differently? Why? How might you explain the activity and its value to someone else?

Notes/Ideas/Applications